



## MCDC 2017 FRIDAY START LISTS

Check in 30-60 minutes before your event. No pre-meet packet pick-up.

### FRIDAY, JUNE 9

#### 7:00pm | Women's Open 800m

Rebekah Sass	Stride Ahead Tough Track	2:09.10
Chloe McEachern	Stride Ahead Tough Track	2:14.14
Quinn Anderson	Stride Ahead Tough Track	2:15.37
Riley Coggin	Unattached	2:16.75
Mikala Mann	Stride Ahead Tough Track	2:20.72
Maya Brinson	Unattached	2:20.80
Jalyn Jenkins	Unattached	2:27.57

#### 7:10pm | Men's Open 800m

Wais Kharandesh	AFGHANISTAN	1:53.00
Cody Mages	Stride Ahead Tough Track	1:53.21
Connor Boyd	Stride Ahead Tough Track	1:53.24
Arnaud Froidmont	BELGIUM	1:53.94
Erick Kigen	Fleet Feet Sports	1:54.00
Nathan Mack	Unattached	1:56.12
John Brigham	Unattached	1:58.41
Joe Turner	Unattached	1:59.00
Bryan Adamowicz	Unattached	2:00.80
Nathan Riech	Unattached	2:04.92
Jacob Almond	Unattached	NT
Sabir Mumammad	Unattached	NT

#### 7:20pm | Women's 5000m

Ashley Wellborn	Unattached	17:50.00
Hannah Owen	Breakaway	18:59.00
Mallory Bader	Breakaway	20:02.00

#### 7:40pm | Men's 5000m

Hunter Hall	Fleet Feet Nashville	15:59.80
Daniel Matena	Charlotte Running Club	16:00.00

Avish Sharma	Run Canberra	16:00.42
Michael Brown	Running Lane	16:20.00
Matthew Estopinal	Unattached	16:31.00
Brian Valentini	San Diego TC	16:43.00
Kevin Huwe	Fast Break	16:59.00
Kaleb Meredith	Fleet Feet Nashville	17:04.00
Arisel Perez	Unattached	17:25.00
Jacob Hatcher	Unattached	18:14.00

### 8:05pm I HS Girls' 3200m

Niamh Schumacher	12	Seymour, TN (King's Academy)	10:21.25
Jenna Strange	10	Lexington, KY (Tates Creek HS)	10:58.54
Meredith Helton	11	Brentwood, TN (Brentwood Academy)	11:01.77

### 8:20pm I HS Boys' 3200m

Scott Thompson	11	Brentwood (Brentwood HS)	9:14.98
Carter Cheeseman	10	Brentwood, TN (Brentwood Academy)	9:15.85
Alex Mortimer	12	Lexington, KY (Tates Creek HS)	9:16.34
Davis Holliday	11	Brentwood, TN (Brentwood Academy)	9:17.39
Conner Hawkins	12	Cookeville (Cookeville HS)	9:17.99
Acasio Pinheiro	10	Princeton, NJ (Princeton HS)	9:28.79

### 8:35pm I Women's 5000m

Mary Wangui		KENYA	15:58.05
Gladys David		KENYA	16:20.00
Samantha Hamilton		Unattached	16:26.72
Barbara Lee Ball		Eyes Open T/F	16:48.86
Sarah Biehl		Unattached	16:52.28
Kate Bianchini		Lipscomb	16:53.18
Mary Grace Strozier		Unattached	17:10.00
Elizabeth Gillette		Unattached	17:20.00
Jeannette Matthieu		Unattached	17:30.00

### 9:00pm I Men's 5000m

Kigen Chemadi		MTSU	13:56.54
Kevin Castille		Unattached	14:19.59
Ian Carter		Unattached	14:24.99
Gilbert Boit		TN Tech	14:26.03
Adam Freudenthal		Unattached	14:26.84
Simeon Roberts		ETSU	14:28.84
Brandon York		Running Lane	14:33.00
Jason Simpson		Unattached	14:33.50

Sam Vincent	Stride Ahead Tough Track	14:34.50
Frederick Rono	KENYA	14:35.00
Allen Sumrall	Unattached	14:40.86
Mike Deren	Unattached	14:45.00
Alek Erwin	Unattached	14:45.00
John Payne	Unattached	14:45.00
Jason McLeod	Knoxville Endurance	14:45.00
Kase Schalois	Unattached	14:51.13